















TIMETABLE OF GROUPS AND SERVICES PROVIDED

*All sessions are free unless where stated. Please call for further information

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	Introduction into Childcare Woodside Community School & Children's Centre Ask for details 	CAB 9.00 a.m. - 9.30 a.m.  drop in 9.45 am - 12.00 noon -Appt only Woodside CC  Family Links Nurturing Programme 10.30am - 12.30am Woodside CC Ask for details 	Stay & Play (0 - 4 years) (including Toy Library) 9.00 a.m. - 10.30 a.m. Blowers Green Primary School Rays of Sunshine 9.30 a.m. - 11.00 a.m. For parents of children with special/additional needs Woodside CC Toy Library 10.15 a.m. - 11.00 a.m. Westley Street Neo Natal Group Monthly Group Ask for details	Little Explorers (Under 12 months) 10.00 a.m. - 12.00 noon Woodside CC Adult Numeracy 9.00 a.m. - 11.00 a.m. Woodside CC  Rising Stars (1 - 2 years) 10.00 a.m. - 11.30 a.m. Milking Bank Call for Info 	Rattle & Rhyme 9.30 a.m. - 10.30 a.m. Woodside CC Baby Massage/Yoga 9.30 a.m. - 10.30 a.m. Ring for details Woodside CC Young Parents Group (under 19's) <i>Respect Yourself Campaign</i> 10.00 am - 1.30 pm Woodside Community Centre 	Just4Dads 10.00 a.m. - 12.00 noon 1st Saturday of every month Woodside CC Family Day  10.00 a.m. - 12.00 noon 3rd Saturday of every month Woodside CC (different theme each month i.e. baking, cinema, craft, tea party) 
Afternoon	Stay & Play (0 - 4 years) 1.00 p.m. - 2.30 p.m. Woodside Community Centre  Toy Library 1.00 p.m. - 2.30 p.m. Woodside Community Centre	Adult Education – ESOL – (English as a foreign language) 12.45 p.m. - 2.45 p.m. Woodside CC Adult Literacy 12.30 p.m. - 3.00 p.m. Woodside CC 	Adult Learning We run a range of short course Please ask for latest information 	Baby Clinic 1.00 p.m. - 3.00 p.m. Woodside CC  Toy Library 2.15 p.m. - 3.15 p.m. Woodside CC	Rhymes Stay & Play (0 - 4 years) 1.15 p.m. - 2.45 p.m. Rhymes Dav Nursery  Little Squealers (under 25's) 1.00 p.m. - 2.30 p.m. Woodside CC	We also offer: <ul style="list-style-type: none"> • Early Learning Support • Parenting & Family Support • Full day care childcare • Health Services • Support with training and employment • Up to 15 hours funded time in Little Bears Nursery • Health Trainer 